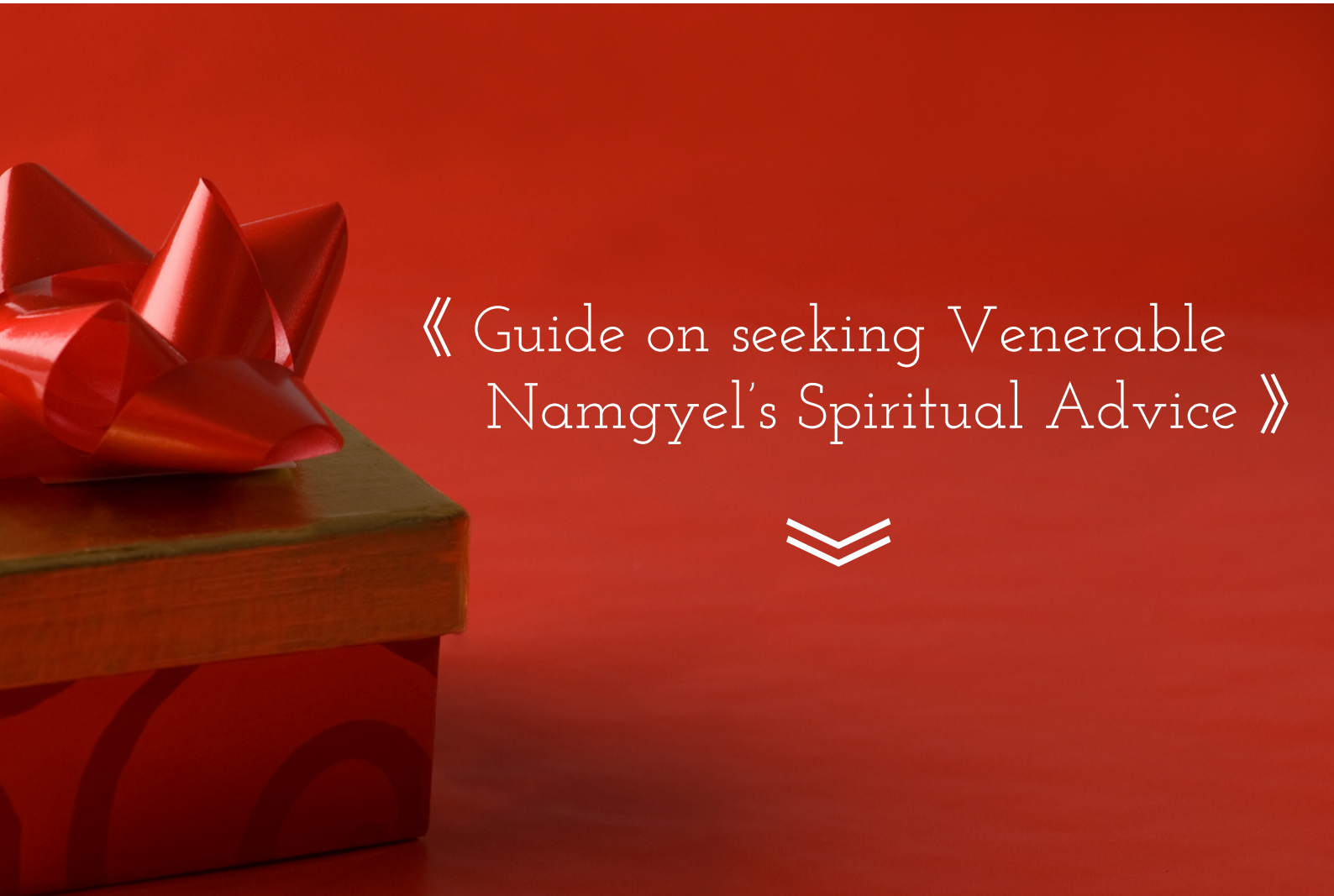


# A special gift of our gratitude New member privilege

From time to time people from around the world ask questions and advice from Venerable. We think it is important to make sure our members are being taken care of, especially providing the right support for their problems. Also, we found some of our members were going through a tough time but they had no idea our teacher could help! We feel sad for not being able to provide the help we could. Thus, we prepared a special guide for our members, about how to seek Venerable Namgyel's spiritual support.



《 Guide on seeking Venerable  
Namgyel's Spiritual Advice 》



# Guide on seeking Venerable Namgyel's Spiritual Advice

## 1) What kinds of obstacles for which you could especially seek advice:

- Questions or confusion about your Dharma practice/ spiritual practice
- Mental or physical sickness, dying and death
- (Suspected) spirit issues
- Feeling the need of support in life-changing moments
- Anything you are not sure - ask us!

## 2) How Venerable Namgyel could assist:

- Facilitate you to look at the problem from a Dharma perspective
- Suggest practices, could be Dharma practices or daily life habits
- Check divinations (Tibetan: Mo), receive advice from enlightened beings
- Arrange puja, light offerings and connect to any parties that could help you

## 3) How Online Sangha help you during the process:

- We have a member support team to read your question and communicate with Venerable
- We would explain the advice to you and provide support under Venerable's guidance
- We would arrange phone call or virtual meeting directly with Venerable if needed
- We would coordinate puja, light offering etc depending upon your needs

## 4) How to seek advice:

- Send your questions to us ([venerableonlinesangha@gmail.com](mailto:venerableonlinesangha@gmail.com)), attn to Member Support team, email title as <Advice Request from OS Member\_NAME>
- For our quicker validation, please kindly use the email address or name which is the same as your membership info
- We will get back to you as soon as possible

## Notes:

- Please kindly understand it's your personal choice to decide whether you would like to seek advice from your teacher. It also involves Venerable Namgyel's and our whole team's time and effort to help you. Karma wise, once you have made the decision, please kindly try your best to follow the advice, which we believe is the best for your long-term happiness or success.
- For some advice, for example puja and light offering which involves material costs and external parties, we would suggest an offering amount for your consideration, yet not compulsory.
- You are welcome to make a donation to Venerable anytime, we rejoice in your kind support to our Guru's Dharma activities and living.

