



VENERABLE NAMGYEL'S
ONLINE SANGHA

JULY - SEPT 2020

VENERABLE NAMGYEL'S ONLINE SANGHA

IMPACT REPORT

ive Streaming Service Recording





VENERABLE NAMGYEL'S
ONLINE SANGHA

EXECUTIVE SUMMARY

Weekly live teachings on various topics

with helpful documents specially prepared by Venerable for his students, plus weekly related guided meditations.

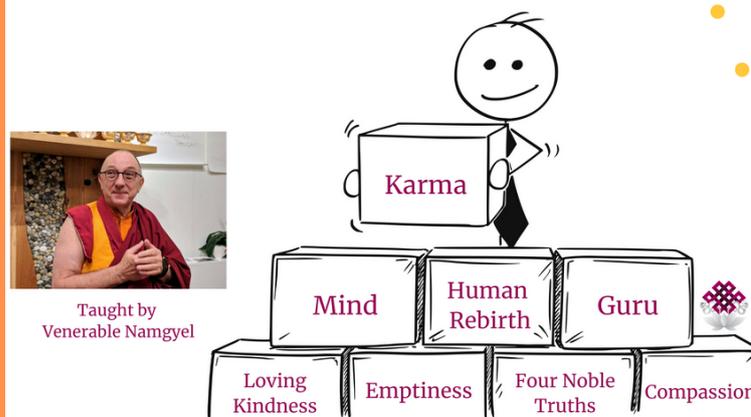
Year-long course Lamrim* begins

*The steps on the path to enlightenment

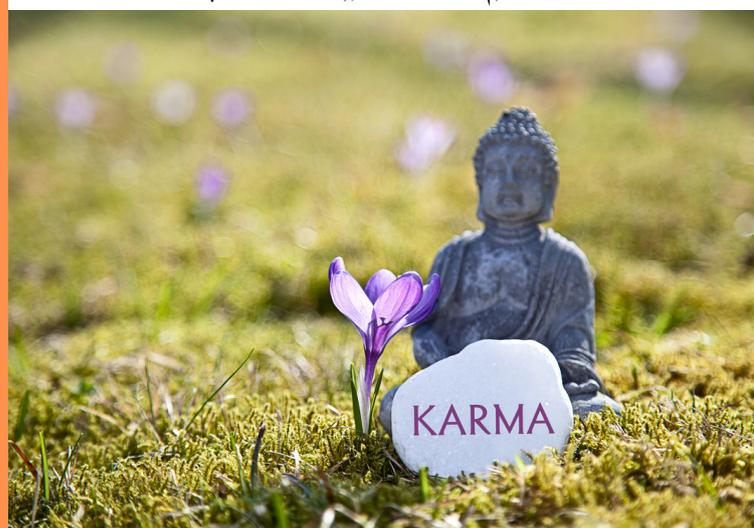
A valuable Dharma resource for students around the world, now and into the future.

Meditation App newly released on the Apple Store

Available in the App Store and GooglePlay Store, downloaded for free



Taught by
Venerable Namgyel



App Store Preview

This app is available only on the App Store for iPhone



BUDDHIST MEDITATIONS 4+

with Venerable Namgyel
Earth Healer Limited

★★★★ 5.0 • 5 Ratings

Free • Offers In-App Purchases



VENERABLE NAMGYEL'S TEACHINGS



How to Meditate

“How to Meditate” course spanned eight weeks and provided a rich mix of practical, psychological and philosophical teachings that reached over 5000 people around the world for each of the sessions! And the recordings continue to be available on the website!

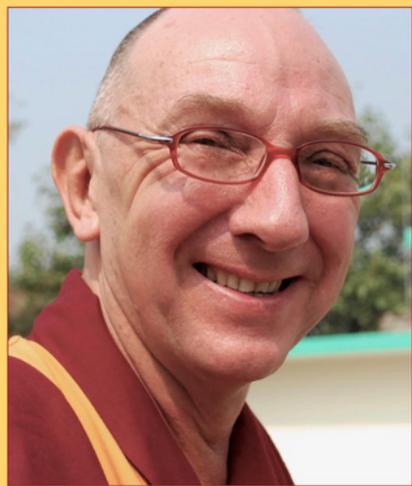
Lamrim Course

“Building a Beautiful Foundation” commenced in August, weekly teachings on the Lamrim, The Stages on the Path to Enlightenment, which is the core, foundational text in the Gelug tradition of Tibetan Buddhism. These teachings will continue into 2021 and, along with all the other teachings and practices by Venerable, will be held in the website’s library for ongoing access, a wonderful Dharma resource for posterity.

Translations of teachings, written materials and course related guided meditations, have been made available in several languages.



BUDDHIST MEDITATIONS
with
VENERABLE NAMGYEL



Meditation App Newly Released

“Buddhist Meditations with Venerable Namgyel”, an app for phones and iPads that provides analytical and concentration meditations to help people develop in their Buddhist practice, was finally released for Apple, having been available for Android phones already for several months. It can be found in the app stores and downloaded for free, with in-app offerings available.



Download on the
App Store



GET IT ON
Google Play

meditations



Refuge

Bodhicitta

8 Worldly Concerns

Karma

Breathing Delusions

Emptiness

Equanimity

I Meditation

meditations



Impermanence

Compassionate Mind

Precious Human Rebirth

May You Be Happy

Mother's Kindness

Spacious Mind of Love

Guru Devotion 1

Guru Devotion 2

meditations



Guru Devotion 1

Guru Devotion 2

Thought Transformation

Concentrated Mind

Love for All Beings

Taking & Giving to Oneself

Taking & Giving to Others

Returning Kindness



5

15



SUPPLEMENTARY PRACTICES AND MEDITATIONS

*Let us pray for all the people
suffering from Covid-19*



Online Group Practices

6-Oct
20:00-20:30 AEST UTC +10
Healing Buddha Practice

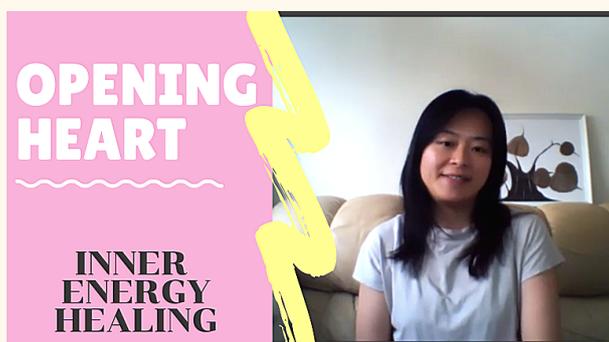
8-Oct
20:00-20:30 AEST UTC +10
White Tara Practice

WHITE TARA & MEDICINE BUDDHA GROUP PRACTICES

led by Venerable Namgyel and some of his students were initially offered live over several weeks and now, as recordings, are provided in many weekly time-slots to continue to bring people together internationally for group practice.

HEALING PRACTICES

Also provided on a frequent basis are more secular practices, of yoga and energy healing, presented by skilled students of Venerable Namgyel.



INNER ENERGY HEALING



YOGA & STRETCHING

All of these recordings are available to access any time via the member's portal, and facebook for specific time periods Visit our website to learn more.



OTHER ACTIVITIES

4000 more protection wheels printed

A total of 9000 Tibetan Buddhist mandala protection wheels - that guard those wearing them against all kinds of epidemics including Covid19 - have now been printed, with 5000 already distributed worldwide!



A letter from a doctor of a major hospital in Brazil who received the protection wheels.



Dear Venerable,

Yesterday i had the antibodies test done and still i'm negative.

Today a colleague told me her husband tested positive and they only moved to different beds after 4 days of symptoms. She tested negative for several methods! She wanted to thank you for the mandala, she said she never separates from it.

Last week i was on duty and shared the same room with 2 colleagues who became positive but still, nothing has come to me.



Thank you so much

**COMING
SOON**

More creative projects in development

New projects, as directed by Venerable Namgyel, are currently being developed and you will hear about them soon!



Dear Donors,

Because of your monthly support, we are able to plan long term, and provide everything freely.

Together we are having a highly beneficial influence on the world in these difficult times.

We are not able to say strongly enough:

THANK YOU!



Venerable Namgyel



**A GIFT
FOR YOU**



A small gift of our gratitude.

The protection wheel from the Manjushri Root Tantra is attached below. This can help to avoid the fault of the disrespectful act of stepping over Buddhist sutras and texts. You can print it out as a bookmark for Buddhist sutras.

We hope you find it beneficial.

